

Adair County 4-H Newsletter

MARCH 2023



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

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*4-H Club Highlight:
Cloverbuds!*



Cloverbuds is geared towards children 8 years of age and under. This is a great opportunity for children to experience the activities leading up to 4-H age. Cloverbuds will meet each month and conduct hands-on projects and activities.

Cloverbuds will learn the following lifelong skills:

- Develop positive attitudes about learning.
- Develop on-going relationships with peers, caring adults, and older youths who will serve as mentors.
- Explore family and community relationships.



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



 Disabilities accommodated with prior notification.

Tony Rose
County Extension Agent
for 4-H Youth Development

Tony Rose



Adair County 4-H Clubs



Club Offerings:

4-H Shooting Sports Club- 4-Hers learn and practice the safe handling of firearms. Disciplines offered: Archery, Riflery, Shotgun, Black Powder, Pistol Area/District/State Competitions available Only youth ages 9-18 may participate in this club.

4-H Horse Club- 4-H members learn about the art of showing horses as well as other aspects of the equine industry. Potential for District & State level competition. Each 4-Her must complete 6 educational hours annually. Only youth ages 9-18 may participate in this club.

4-H Livestock Club- 4-H Livestock Club Members learn about different aspects of the Livestock and Agriculture Industry. 4-Hers must complete 6 educational hours annually. Only youth ages 9- 8 may participate in this club.

4-H Dog Club- Youth will learn about all aspects of dogs and learn how to train their dogs. There are many different activities and projects that youth will be able to participate in. Only youth ages 9-18 may participate in this club.

4-H Rabbit/Poultry Club- Youth will learn about all aspects of rabbit and Poultry. This will include raising them, showing them, etc. Cloverbud youth may participate in the Club

4-H Bee Club- Youth will learn about bees, pollination, beekeeping, and honey. The club has its hives for teaching purposes. There will be monthly educational meetings to learn about bees and beekeeping. Youth will have hands-on activities and will help to take care of the hives. Cloverbud youth may participate in the Club

Outdoor Adventure Club- This group will have many different areas to participate in. The group will be taking part in the 4-H Stream Team study to track water quality throughout our area. Other programs related to the environmental study will also be included. The group will participate in canoe/kayaking, hiking, and other outdoor activities. Cloverbud youth may participate in the Club

4-H STEM Club- Club meetings will have activities that youth will work on at club meetings but also home. Each month will have different STEM lessons and activities. Youth will receive kits containing everything needed for the project. Cloverbud youth may participate in the Club

Cloverbuds- Cloverbuds is an opportunity to get started with activities leading up to 4-H age. Cloverbuds will meet each month and conduct hands-on projects and activities. This club is for children age 8 and under.

Calendar of Events

4-H Art Club: March 6 @ 5:30 pm

4-H Bee Club: March 7 @ 5:30 pm

4-H Homeschool Club: March 16 @ 2 pm

4-H Horse Club: March 16 @ 5:30 pm

Cloverbuds: March 20 @ 5:30 pm

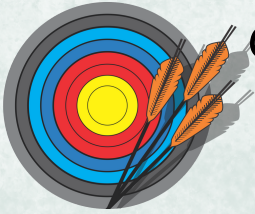
4-H Rabbit/Poultry Club: March 21 @ 5:30 pm

4-H Livestock Club: March 23 @ 5:30 pm

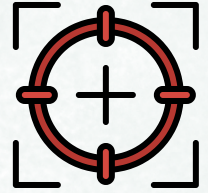
4-H Dog Club: March 28 @ 5:30 pm

4-H STEM Club: March 28 @ 5:30 pm

Adair County 4-H Shooting Sport Orientation and Safety Meeting



Shooting Sports Program



Would you like to get involved with the 4-H Shooting Sports Program?

The Adair County 4-H Shooting Sports Program is open to youth ages 9-18 of Adair County. Youth will learn about the many different aspects of shooting sports. If you have an interest in getting involved in this program you need to attend this meeting with a parent or guardian.

There will be an orientation and safety meeting at the Adair County Extension Office on Tuesday, March 21st at 5:30. This meeting is open to all returning and new youth who are interested in our shooting sports program. We offer shooting sport disciplines: archery, rifle, pistol, black powder and trap. This meeting is required for anyone wanting to participate in our shooting sports program for this year.

TALK MEET & DEMONSTRATION CONTEST



Speeches, Demonstrations, and Illustrated Talks are tools that help 4-H participants develop poise and self-confidence by providing a practical experience.

The 4-H Talk Meet and Demonstration Contest will be held on April 20th, 2023 starting at 5:30 pm at the Adair County Extension Office. All youth are encouraged to participate in this communications event. County champions will be invited to participate in the Area communications event. Area champions will be invited to participate in the State Communications event. Information about how to give a speech or demonstration may be picked up at the Adair County Extension Office.

Kentucky 4-H Communication Contest Categories

SPEECH CATEGORIES

9 Year Old	12 Year Old	15 Year Old
10 Year Old	13 Year Old	16 Year Old
11 Year Old	14 Year Old	17-18 Year Old

DEMONSTRATION CATEGORIES:

Junior (9-13) and Senior (14-18)

Category selection should be based on the primary purpose of the demonstration. It is suggested that demonstrations that do not clearly fit into one category be modified to include information and material relative to the selected category.

CORE: AGRICULTURE

1.Agriculture – Includes information on horticulture, plant, and soil sciences (e.g. crops, agronomy).

2.Animal Science – Includes information on selection, care and feeding of animals, financial records, operations, and animal products for small or large animals. This also includes companion animals. (*Demonstrations on horses or horse related topics can be included in this category, however, it does not qualify the participant for the State Horse Contests; this is a different event*).

CORE: COMMUNICATIONS & EXPRESSIVE ARTS

3.Visual Arts - Includes drawing, painting, mixed media, decoupage, candle making, macramé, scrap booking, embroidery, quilting, silk screen, batik, block print, corn-shuck flowers, ceramics, jewelry making, and similar topics. This category also includes demonstrations related to photography such as picture taking, composition, framing, or scrapbooking.

4.Performing Arts - All demonstrations related to the performing arts including theater, dance, musical instruments, and musical performance.

CORE: FAMILY & CONSUMER SCIENCES

5.Clothing & Textiles – Includes construction, techniques, wardrobe selection and planning (color, design accessories, appropriate dress for various occasions) selection, use or care of clothing related equipment, care of clothing, posture as it relates to fit, fibers, fabrics, and textile related topics.

6.Family & Consumer Sciences – Includes information on childcare, consumer and financial education, family life, and home environment. *THIS CATEGORY EXCLUDES CLOTHING & TEXTILES AND FOODS. THESE ARE SEPARATE CATEGORIES.*

7.Foods – Includes preparation skills and creativity in using foods for meals and snacks (including breads). Please submit a copy of the recipe on day of event.

CORE: HEALTH

8.Health – Includes information on physical activity, bullying, substance abuse, personal development, and safety.

CORE: LEADERSHIP

9.Team Demonstrations – Any demonstration (regardless of topic) conducted by two 4-H members of the same age category (i.e. either juniors or both seniors). Each participant must have a significant speaking AND presentation role in the demonstration. Youth may participate in either the individual demonstrations OR the team demonstration category. They may NOT do both.

CORE: NATURAL RESOURCES

10.Natural Resources – Includes Entomology, Environment, Geology, Forestry, Soils, Water and Wildlife. This category can include science-fair type experiments related to these topics.

11.Shooting Sports – Includes proper care and cleaning of equipment, safety, sighting alignment and shooting techniques, selecting equipment and ammunition. Weapons of any sort cannot be brought into the building or on the grounds of school or university property. This includes firearms, bullets, bows and arrows. Mockups, models, and charts must be used instead. Models cannot look like an actual gun, bow or other firearm.

CORE: SCIENCE, ENGINEERING & TECHNOLOGY

12.Science, Engineering and Technology – Includes information on ATV safety, aerospace/rocketry, biotechnology, bicycle, energy, GPS/GIS, robotics, general science, and computer sciences [may NOT use computer projection equipment in place of posters]. This category can include science-fair type experiments related to these topics. **13.Digital Media Presentation** – to include demonstrations using presentation software (i.e. PowerPoint, Prezi) regardless of topic. Slides are used in lieu of poster boards. Please bring the presentation on media that can be transferred to another computer (i.e. portable drive).

State 4-H Communications Day

Rules and Regulations



General Rules

- 1) This event includes Speeches, Demonstrations (Team and Individual) and Illustrated talks.
- 2) Each area grouping can send one participant per category.
- 3) State standard is that state communication day event participants earn a blue ribbon at the district level to qualify for the state communications day event.
- 4) Participants can participate in one speech and one demonstration category per year.
- 5) State Champions may participate only in categories in which they have NOT previously won.
- 6) It is suggested that the speech or demonstration given by the 4-H'er be a new topic from previous years.
- 7) The contestant will be introduced by name and title by the room host. There will be no penalty if name and subject or title is used during the presentation.
- 8) A penalty of three points will be subtracted from the participant's total overall score for time errors (under/over time). The time requirement penalty will apply to the state contest, but not necessarily to county or area events. Participants will be eligible for champion placement.
- 9) The judges decisions are FINAL.

Speech Specific Rules

- 1) Any youth age 9-19 may participate in the 4-H Public Speaking on a county basis. SENIORS must have passed their 14th birthday but not their 19th birthday as of January 1 of the current year.
- 2) NOTE: AGE REQUIREMENTS: We understand that programming areas may host their event in the Fall which falls before January 1st of the current year for the State Communication's event. Please keep this in mind when certifying age on the registration form for the State Event.
- 3) Speeches by Senior youth (14-19 age youth) must be between 5 to 7 minutes long. Speeches by Junior youth (9-13 age youth) must be between 3 to 5 minutes.
- 4) Senior Level: Because this is an educational learning experience, the Senior 4-H'er is expected to choose a topic, research and write their own speech. A participant may have help with practicing the speech. Junior Level: The 4-H'er may have assistance in writing and preparation based on age level.
- 5) No visual aids will be used in speech competitions. Costumes and/or electronic equipment are considered visual aids. Speakers using visual aids will receive a ribbon but will not be considered for champion placement.
- 6) The use of note cards/electronic notes is optional. Points will not be added or subtracted for the use of notes unless the speaker uses them in a distracting manner.
- 7) Dramatic readings, dramatic monologues, and recitation of poems (as the entire speech) including web-based information will not be accepted. Excessive or distracting body or hand gestures are unacceptable. These distractions will be counted against participant in the scoring section.

Demonstration Specific Rules

- 1) Junior Demonstrations: Any member age 9-13 may compete in Junior Demonstrations as per their age determined on January 1st of the year in which the state contest is held. Senior Demonstrations: Any member age 14-19 may participate in Senior Demonstration. Age is determined by the date of the State event, not when the district or multi-county group hosts their event.
- 2) You may have help with practicing the demonstration or speech. Preparation may include practicing in front of peers, club leaders, etc. At the SENIOR LEVEL, the 4-H'er is expected to demonstrate original work – choosing a topic, researching it and writing their own speech or demonstration. The internet may be used as a reference source but NOT as a source for a non-original speech or demonstration.
- 3) A participant may have help setting up their demonstration but may not have another person helping during the demonstration. Only team demonstrations may have more than one person participating. There shall be no assistance from the audience.
- 4) Team demonstrations ARE permitted at the state level. They will follow the same rules and regulations of the single participant demonstrations. Two 4-H members will comprise a team. Each person must have a significant speaking and presentation portion. Team demonstrations will be placed in a Junior Category or a Senior Category regardless of topic. All team members must be in the same age category.
- 5) A demonstration obviously entered in the wrong category may be moved to the correct category if there is no more than one other person from that district entered. If a participant cannot be moved, they will be given a blue, red, or white rating but will NOT be eligible for Champion placement.
- 6) Weapons cannot be brought into the building or on the grounds of school or university property. This includes firearms, bullets, bows and arrows. Mockups, models, and charts must be used instead. Models cannot look like an actual gun, bow, or other firearm.
- 7) The use of computers and presentation equipment is allowed in the presentation software category only. It is not allowed in any other category.
*electronic devices may be used in place of notecards.
- 8) Demonstrations must have a poster board or a tri-fold poster as aids during their demonstration.
- 9) Videos may not be used during presentations in any category.
- 10) NO LIVE ANIMALS of any size are permitted.
- 11) Youth may participate in the individual demonstrations or choose to participate in the team demonstration category. They may NOT do both.